



COVID-19 Prevention

STOP THE SPREAD

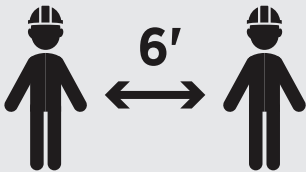


The best way to prevent illness is to avoid being exposed by following these protocols. Do it for yourself, your family and co-workers.



WEAR A MASK

Cover your mouth and nose with a mask when around others. The mask is meant to protect other people in case you are infected.



SOCIAL DISTANCING

Stay at least 6 feet from other people. Do not gather in groups. Stay out of crowded places and avoid mass gatherings.



COVER COUGHS AND SNEEZES

Always cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow.



CLEAN HANDS OFTEN

Wash your hands often for 20 seconds with soap and water or 60% alcohol-based hand sanitizer.



AVOID TOUCHING YOUR FACE

Avoid touching your eyes, nose and mouth with unwashed hands.



CLEAN AND DISINFECT

Clean and disinfect frequently touched surfaces, including handles, light switches and jobsite areas with high traffic. Also, frequently sanitize commonly touched tools and equipment and avoid sharing.

